

Event-Regulations

Swissalpine Chur

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GR
86

GR
43

GR
23

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1. General

These "Event-Regulations" are an integral part of the contract between the participants and the organiser. The organiser reserves the right to make changes to the regulations at any time. The regulations can only be accessed online at **swissalpine.ch/en/race-registration/registration-and-start-lis** by registering, participants accept these regulations and confirm that they have received and read them.



2. Races

It is about a race without a licence and without number limits. The running distances have to be completed within a fixed time limit. Everyone who has reached the prescribed age is eligible to start: GR86 / GR42 from year 2005, GR22 from year 2009.



3. Conditions of Participation

The start is at the participants own risk. The participants are responsible for their own health, training status and equipment. All participants are expected to:

- a) dress according to weather conditions and individual needs and protect themselves from rain, cold and sun;
- b) abandon the race as soon as this threatens to pose a health risk to them;
- c) behave in an environmentally friendly manner and not leave any rubbish lying around in nature.

GR86 and GR43 take place in alpine, sometimes even high alpine, terrain. This requires the participants to adapt accordingly in terms of caution, equipment and organisation of the run. All participants of the GR86 and GR43 are expected to:

- d) have experience in the mountains, are very well trained and sure-footed;
- e) be able to complete the race in partial autonomy and self-sufficiency;
- f) provide first aid to other participants if they have an accident or have health problems.

Infectious diseases (angina, flu, etc.) suffered before the event can significantly reduce performance and pose serious health risks (e.g. damage to the heart muscle). Anyone who falls ill with such an ailment 6 to 8 weeks before the run should consult a doctor.

4. Enrolment

4.1. Confirmation

Registration is online at www.swissalpine.ch. The entire registration procedure is done by Datasport. By registering at Swissalpine®, participants automatically accept the Event-Regulations and the General Terms and Conditions of Datasport.



4.2. Changing to a different category

If you change your registration to a shorter distance, the entry fee difference will not be refunded. If you change your registration to a longer distance, you will have to pay the difference.

4.3. Failure to start

If you are prevented from starting due to illness, accident or other reasons, the entry fee cannot be refunded and cannot be carried over to the next year. We therefore recommend that you take out cancellation insurance when registering. This enables the entry fee to be refunded in the event of accidents or illness.

4.4. Transfer of a starting place

A transfer of the starting place to another person is possible up to 8 days before the race day. See Event-information.

5. Implementation Security

Depending on external factors (e.g. weather, disasters, official instructions, etc.), the organiser offers the participants the highest possible security by taking appropriate measures. He is entitled, at short notice, to:

- a) make route changes;
- b) interrupt and resume the race;
- c) abandon the race or not start at all.

In all of these cases according to articles a-c, there is no entitlement to reimbursement of the entry fee and/or compensation for other damages such as travel or accommodation costs.

In the event of extreme weather conditions (e.g. heavy precipitation, intense cold and thunderstorms as well as snowfall), the organiser has alternative routes available, which can be prepared within 24 hours.

6. Start Number and Time Measurement

The start number with an integrated passive transponder is personal and must be worn on the chest, stomach or leg in a clearly visible place throughout the run. It entitles you to access catering, first aid and baggage drop-off. Passing on your personal starting number to another person is prohibited. Running time is measured from the point at which the start measurement mat is exceeded. No legal claims against the organiser arise from faulty or inaccurate timekeeping.



7. Equipment

The following mandatory equipment must be carried along the entire route:

	GR86	GR43	GR23
Mobile telephone (with saved emergency numbers)	x	x	
Rain jacket with hood	x	x	
Cap	x	x	
Forehead lamp with extra batteries	x		
Bottle or bag for one litre of liquid	x	x	x
Drinking cup	x	x	x
GPS- Tacker*	x		

*Is given out on loan with the start number and must be returned at the finish line.

Depending on the weather conditions on the day before the start, the organiser can prescribe further compulsory equipment. The mandatory equipment can be checked at any time with spot checks. A mobile phone with an emergency number stored is recommended for the GR23. Hiking sticks are permitted on all routes and are even recommended on the GR86 and GR43.

8. Routes

8.1. Route data and markings

The official route data (length, difference in altitude) are determined in co-operation with Outdooractive. Depending on the weather conditions, the device and the quality of the measurements, the data can vary considerably. The running routes are marked with flags, tracer tape, spray and kilometer boards (every 5 km with the distance still to be run) and signs.



8.2. Route Knowledge / Finish and Traffic Regulations

A thorough study of the route is required, especially for the GR86 and GR43. Participants must be able to find the running route using the map. This is particularly important if the route markings are missing due to wind or external influences. It is also recommended that you take the route map and the relevant orientation aids with you.

For safety reasons, the running course may not be left. It will be closed according to the cut-off times indicated in the schedule. Participants who are too late will be taken out of the race by authorised officials.

The race takes place alongside road traffic. The traffic rules must be observed.

9. Accompaniment and Support

Personal support from supporters is only permitted in the vicinity of the refreshment zones. Any form of accompanying the participants on the route (e.g. on a mountain bike or by running along) is prohibited. Running as a pacemaker is not permitted. Dogs and prams are not allowed.

10. Medical Matters

If participants get into trouble due to injuries or health problems, they should go to the nearest post if possible or call the medical service via Medcall. The medical service and race doctors have the right to remove participants from the race, who are in danger of damaging their health, for a certain period of time or permanently. In the event of an emergency or a medically ordered exclusion from the race, the costs of care and evacuation by the medical service or civil rescue services will be borne by the participant.



The Medcall phone number will be announced later.

11. Doping Control

The Swiss Olympic doping statute applies (www.anti-doping.ch). Participants can be subjected to a doping control at any time.

12. Appeals

In the event of rule violations by other participants or disagreement with decisions by the race management, participants can lodge a protest with the finish manager and name witnesses up to one hour after the finish line has closed. The race jury will then decide on the protest within 3 hours. All named witnesses must appear. The protest fee is CHF 50.00. If the protest is lost, it remains with the organiser.

13. Disqualification

Anyone who starts in the wrong starting block, leaves the running course, engages in littering, does not follow the event regulations or the instructions of the Organisation Committee or abuses the doping rules will be disqualified. The race jury will make the final decision on disqualification.

14. Data Privacy

By registering, the participants agree to the publication of their surname, first name, year of birth, place of residence and nationality in the start and ranking lists and the duration of the event. This consent applies to publication on the Internet, in print media, on TV/teletext, for speaker announcements and for the posting of start and ranking lists during the event. The interviews, photos and film recordings made in connection with the Swissalpine® may be used on the Internet, in print media, TV and all other digital media (Facebook, Instagram, Twitter, YouTube, etc.) without any claims for remuneration. The organiser reserves the right, unless the participants object in writing when registering, to use the personal data mentioned for marketing purposes. In addition, Datasport's data protection regulations apply, available at www.datasport.com/datenschutzerklaerung .

15. Running Membership

By registering with Swissalpine®, the participants also become running members of Swiss Athletics and the umbrella organization Swiss Olympic. Names and e-mail addresses are passed on to Swiss Athletics for this purpose. The data will be used exclusively for the entry as a member and will not be passed on to third parties. This membership is free and expires (after one year) at the end of the following calendar year. Further information at www.swiss-running.ch/datenschutz. Consent to the transfer of data to Swiss Athletics can be revoked at any time in writing (info@swissalpine.ch).

16. Liability and Insurance

To the extent permitted by law, the organiser rejects any liability towards participants for any accidents, damage to health or other damage of any kind, regardless of the legal reason. In particular, any liability for luggage handed over to the organiser is excluded. Furthermore, the organiser also rejects any liability towards spectators or third parties for damage of any kind. All participants must insure themselves against illness and accident. The insurance must cover the costs of rescue and recovery. Participation is at your own risk.

17. Jurisdiction

The place of jurisdiction is Chur. Swiss law applies.